

Praise Profile: Quick Start

Use this to let others know what kind of recognition works best for you.

Name: _____

Date: _____

1. How I Like to Be Recognized

When I'm doing great work, here's how I prefer to be acknowledged:

- Is it okay to share recognition?
 - Yes—I'm an open book
 - No—I'm more on the private side
- Favorite Formats (check all that apply):
 - Face-to-face
 - Email
 - Text/chat
 - Call
 - Other (bulletin boards, etc.): _____
 - Just don't EVER _____
- Style:
 - Brief and to the point
 - Detailed and specific

2. Appreciation Beyond Words

- When appreciation goes beyond words, what resonates most?
 - Time off
 - Flexibility
 - Growth or learning opportunities
 - Visibility/being included
 - Something else: _____